

Catering Department

MONDAY

Main

Pork sausages (DF) gravy

Vegetarian

Vegan sausages, gravy

Vegetables/ salad

Boulangere potatoes, peas, cauliflower Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

TUESDAY

Main

Chicken korma (GF)
naan bread (DF.VG)

Vegetarian

Butternut squash, spinach and chick pea korma (<u>VG.GF</u>)

Vegetables/ salad

Rice Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

WEDNESDAY

Main

Roast gammon, gravy (GF_DF)

Vegetarian

Vegan sausages (GF)

Vegetables/ salad

Roast potatoes, broccoli and carrots Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt(GF)

THURSDAY

Main

Spaghetti bolognaise and garlic bread(DF)

Vegetarian

Vegetarian spaghetti bolognaise and garlic bread (DF)

Vegetables/ salad

Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt(GF)

FRIDAY

Main

Menu: Week 1

Fish fingers(DF)

Vegetarian

Vegetable fingers (VE,)

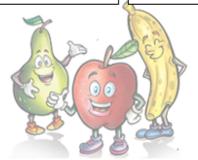
Vegetables/ salad

Chips, peas, baked beans, salad bar

Dessert

Cake / dessert of the day, fresh fruit or <u>yoghurt(</u>GF)





Week 1 Week commencing:

2 September '24 23 September '24 14 October '24 11 November '24

Catering Department

MONDAY

Main

Beef burger (DF) in wholemeal bun (DF)

Vegetarian

Vegan buttermilk burger in wholemeal bun (DF)

Vegetables/ salad Chips, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

TUESDAY

<u>Main</u>

Steak pie (DF), gravy (<u>DF,GF</u>,VG)

<u>Vegetarian</u>

Mushroom, leek, potato and cheese pie, gravy

Vegetables/ salad
Diced potatoes,
green beans, salad
bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

WEDNESDAY

Main

Roast chicken, stuffing (VE) Yorkshire pudding

Vegetarian

Vegan sausage, stuffing, Yorkshire pudding <u>Vegetables/ salad</u> Roast potatoes, cabbage, carrots, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

THURSDAY

<u>Main</u>

Beef chilli (<u>DF,GF</u>) and rice

Vegetarian

Vegetarian chilli (<u>DF,GF</u>,VE) and rice

Vegetables/salad

Broccoli, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

FRIDAY

Main

Menu: Week 2

Chicken pesto <u>pasta</u>

<u>Garlic</u> bread (DF)

Vegetarian

Pasta with tomato and basil <u>sauce</u> Garlic bread (DF)

Vegetables/ salad Peas, salad bar

Dessert

Cake/dessert of the day, fresh fruit, yoghurt (GF)

Week 2

Week commencing:

9 September '24

30 <u>September '</u>24

21 October __'24 18 November '24

Catering Department

MONDAY

Main

Baked macaroni cheese and ham with a breadcrumb and herb crust

Vegetarian

Macaroni cheese with a breadcrumb and herb crust

Vegetables/ salad Peas, Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

TUESDAY

<u>Main</u>

Mexican beef wrap
(DF)

<u>Vegetarian</u>

Mexican vegetable and bean wrap (VE)

Vegetables/ salad Spanish potatoes, tomato salsa and soured cream, Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

WEDNESDAY

Main

Roast pork (<u>GF_DF</u>) Stuffing (VE) Gravy (<u>GF_VE</u>)

<u>Vegetarian</u> Vegan sausage and <u>stuffing(</u>VE)

Vegetables/ salad
New potatoes, roast
parsnips and carrots,
Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

THURSDAY

Main

Cottage pie, <u>gravy</u> (GF,VE)

<u>Vegetarian</u>

Vegetarian cottage pie, gravy (GF,VE)

Vegetables/ salad Mixed vegetables, broccoli, Salad bar

<u>Dessert</u> <u>Fresh fruit, dried</u> fruit, yoghurt (GF)

FRIDAY

Menu: Week 3

Main

Chicken stir fry (DF)

Vegetarian
Stir fried noodles
with egg (DF)

Vegetables/ salad Rice Salad bar

Dessert

Cake/dessert of the day, fresh fruit, yoghurt (GF)

Week 3 Week commencing:

16 September '24 7 October '24 4 November '24