

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><u>Main</u> Pork sausages (DF) gravy</p>	<p><u>Main</u> Chicken korma (GF) naan bread (<u>DF_VG</u>)</p>	<p><u>Main</u> Roast gammon, gravy (<u>GF_DF</u>)</p>	<p><u>Main</u> Spaghetti bolognaise and garlic <u>bread</u>(DF)</p>	<p><u>Main</u> Fish <u>fingers</u>(DF)</p>
<p><u>Vegetarian</u> Vegan sausages, gravy</p>	<p><u>Vegetarian</u> Butternut squash, spinach and chick pea korma (<u>VG_GF</u>)</p>	<p><u>Vegetarian</u> Vegan sausages (GF)</p>	<p><u>Vegetarian</u> Vegetarian spaghetti <u>bolognaise</u> and garlic bread (DF)</p>	<p><u>Vegetarian</u> Vegetable fingers (VE.)</p>
<p><u>Vegetables/ salad</u> <u>Boulangere</u> potatoes, peas, cauliflower Salad bar</p>	<p><u>Vegetables/ salad</u> Rice Salad bar</p>	<p><u>Vegetables/ salad</u> Roast potatoes, broccoli and carrots Salad bar</p>	<p><u>Vegetables/ salad</u> Salad bar</p>	<p><u>Vegetables/ salad</u> Chips, peas, baked beans, salad bar</p>
<p><u>Dessert</u> Fresh fruit, dried fruit, yoghurt (GF)</p>	<p><u>Dessert</u> Fresh fruit, dried fruit, yoghurt (GF)</p>	<p><u>Dessert</u> Fresh fruit, dried fruit, <u>yoghurt</u>(GF)</p>	<p><u>Dessert</u> Fresh fruit, dried fruit, <u>yoghurt</u>(GF)</p>	<p><u>Dessert</u> Cake / dessert of the day, fresh fruit or <u>yoghurt</u>(GF)</p>



Week 1 Week commencing:

2 September '24
23 September '24
14 October '24
11 November '24
2 December '24

Catering Department

Menu: **Week 2**

MONDAY

Main

Beef burger (DF) in wholemeal bun (DF)

Vegetarian

Vegan buttermilk burger in wholemeal bun (DF)

Vegetables/ salad

Chips, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

TUESDAY

Main

Steak pie (DF), gravy (DF, GF, VG)

Vegetarian

Mushroom, leek, potato and cheese pie, gravy

Vegetables/ salad

Diced potatoes, green beans, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

WEDNESDAY

Main

Roast chicken, stuffing (VE) Yorkshire pudding

Vegetarian

Vegan sausage, stuffing, Yorkshire pudding

Vegetables/ salad

Roast potatoes, cabbage, carrots, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

THURSDAY

Main

Beef chilli (DF, GF) and rice

Vegetarian

Vegetarian chilli (DF, GF, VE) and rice

Vegetables/salad

Broccoli, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

FRIDAY

Main

Chicken pesto pasta
Garlic bread (DF)

Vegetarian

Pasta with tomato and basil sauce
Garlic bread (DF)

Vegetables/ salad

Peas, salad bar

Dessert

Cake/dessert of the day, fresh fruit, yoghurt (GF)

Week 2

Week commencing:

9 September '24

30 September '24

21 October '24

18 November '24

9 December '24

Catering Department

Menu: **Week 3**

MONDAY

Main

Baked macaroni cheese and ham with a breadcrumb and herb crust

Vegetarian

Macaroni cheese with a breadcrumb and herb crust

Vegetables/ salad

Peas, Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

TUESDAY

Main

Mexican beef wrap (DF)

Vegetarian

Mexican vegetable and bean wrap (VE)

Vegetables/ salad

Spanish potatoes, tomato salsa and soured cream, Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

WEDNESDAY

Main

Roast pork (GF,DF)
Stuffing (VE) Gravy (GF,VE)

Vegetarian

Vegan sausage and stuffing(VE)

Vegetables/ salad

New potatoes, roast parsnips and carrots, Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

THURSDAY

Main

Cottage pie, gravy (GF,VE)

Vegetarian

Vegetarian cottage pie, gravy (GF,VE)

Vegetables/ salad

Mixed vegetables, broccoli, Salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

FRIDAY

Main

Chicken stir fry (DF)

Vegetarian

Stir fried noodles with egg (DF)

Vegetables/ salad

Rice
Salad bar

Dessert

Cake/dessert of the day, fresh fruit, yoghurt (GF)

Week 3 Week commencing:

16 September '24

7 October '24

4 November '24

25 November '24

16 December '24